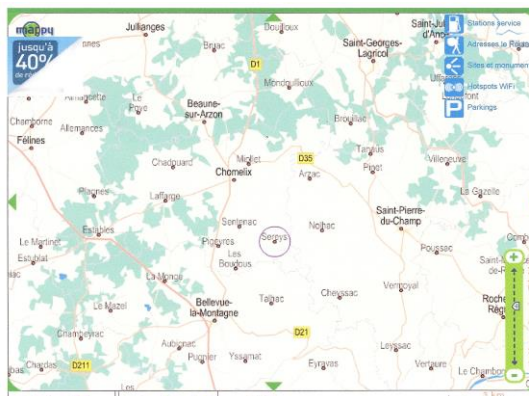


HOW TO GET TO SEREYS ?

Institut « Sens & Croissance »
Sereys – 43500 CHOMELIX – France
Tel. : + 33 (0)4 71 00 61 02 - + 33 (0)6 72 79 84 96
Fax : + 33 (0)4 71 00 60 95
Email : secretariat@sensetcroissance.org
Gps : 45.244055,3.845013



By plane :

With the carrier Twin Jet,
Flight Paris–Le Puy en Velay (Loudes airport)
Information requests : 0 892 707 737
www.twinjet.fr

Timetable le Puy / Paris

HLE	DEPART	ARRIVEE	DAYS		HLE	DEPART	ARRIVEE	DAYS
06H25	06H50	08H00	LMMJV		07H50	08H20	09H25	LMMJV
16H30	17H00	18H10	LMMJV		18H20	18H50	19H55	LMMJV

Timetable Paris / Le puy

From Monday to Friday. Please be aware that there are no flights during the weekend.
Loudes Airport is approximatively half an hour by car from Sereys (around 30 kilometers).

Taxi phone number (who travel to Sereys) : Mr Esquis 06 73 17 83 21 ou 04 71 03 35 51

By train :

The nearest train station is Retournac (43). Retournac is approximatively 30 minutes by car from Sereys (around 30 kilometers).

There is a TGV from Paris to Saint-Etienne, and a TER from Saint-Etienne to Retournac or a TGV from Paris to Lyon, and a TER from Lyon to Retournac.

Taxi phone number (who travel to Sereys) : Mr Esquis 06 73 17 83 21 ou 04 71 03 35

By car :

From Lyon / Saint-Etienne: Saint-Etienne towards Le Puy en Velay, Firminy (south of Saint-Etienne). Take the N88 motorway. Pass by Firminy Solomon. Arrive at Monistrol-sur-Loire (there is 30 km between Saint-Etienne-sur-Loire and Monistrol). Take the third exit on the N88 Monistrol-sur-Loire, indicating "Bas en Basset, Beauzac, Retournac". Continue in the direction of Retournac. About two kilometers before Retournac, turn left, in the direction of "Craponne Sur Arzon" (for information, there are about twenty kms between Monistrol-sur-Loire and Retournac). Continue until "Craponne Sur Arzon". In Craponne Sur Arzon, turn left towards "Le Puy en Velay, Chomelix". Approximately 10 km after Craponne Sur Arzon, you will reach Chomelix. Pass by and you will reach the main road D1. 500 meters after the exit sign Chomelix, turn left towards "Sereys" and "Sentenac". In Sentenac, turn left towards "Sereys", "château d'Arzon". Continue for about two kilometres and you will arrive at Sereys.

From Puy en Velay: Take the motorway N102 (direction, Clermont-Ferrand, Brioude). After about 10 kilometers, near the industrial area Nolhac, take the direction of "Saint Paulien, Bellevue la Montagne", (main road D906). In "Bellevue la Montagne", leave D906 and turn right towards Chomelix (main road D1). Drive about 5 km. Pass by "Pigeyres", continue for about 500 meters and turn right on the main road D1, with the direction of "Sentenac, Sereys". In Sentenac, continue straight and drive about 2 km to reach Sereys.

From Clermont-Ferrand: Take the A75 motorway then the N102 towards Le Puy en Velay. Pass by "Borne" (and about 10 kilometers before "Le Puy en Velay" and 5 km before "Polignac"), leave the N102 in the left turn towards "Vichy, Saint Paulien" to get to the D906 near the industrial area Nolhac. Pass by "Saint Paulien" towards "Bellevue la Montagne, Chomelix". In "Bellevue la Montagne", leave the D906 and turn right with the direction of "Chomelix, Craponne Sur Arzon" (D1). Drive about 5 km. Pass by "Pigeyres" to about 500 meters and turn right on the main road D1, with the direction of "Sentenac, Sereys". In Sentenac, continue straight and drive about 2 kms to reach Sereys.